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## U-BOAT COMMANDER SHOWED KINDNESS

Striking Exception to the General Rule, Survivors of Torpedoed Ship Were Given Bandages and Liniment.

London, July 19.—(Correspondence of the Associated Press).—One instance in which an enemy submarine commander, after sinking a British vessel, amazed the survivors by giving them bandages and liniment for their wounds, stands out in sharp contrast with the brutality or indifference to suffering practiced by the German sea-pirates. Nevertheless the survivors tell a story of extreme hardship endured in small boats for six days and nights. Seventeen are missing of the ship's company of ninety-five.

Five hundred miles from the Irish coast a large British steamer, outward bound in ballast received a torpedo death blow. No time was lost by the ship's company in getting away from the sinking ship.

Many of the crew had been wounded, especially among the engine-room force. With difficulty the injured were placed in the boats.

The submarine suddenly appeared nearby and the commander came on deck. He noticed the wounded, and calling the boats alongside his craft, he went inside, returning with bandages and liniment which he handed to the surprised officers in charge of the boats. This act of kindness saved several lives.

A steamer's smoke was seen on the horizon and the U-boat made off rapidly. The small boats shaped a course toward land, but the wind was light and unfavorable.

Only a small store of biscuits was carried. There was water enough for a very limited ration and in the days that followed the sun's heat was almost intolerable. Wounded Lascars succumbed one after another and were consigned to the sea.

On the fifth day a vessel hove in sight and bore down toward them. Then it seemed to change its mind and steamed off in another direction. Probably the ship thought the small boats were German submarine decoys.

Torture reached its limits the next day. Previously the officers had resorted to physical force to prevent the Lascars from drinking the salt water. Now nothing could restrain them and they eagerly drank the brine. Soon afterward two died of their sufferings.

Hope had almost died when late that evening a vessel sighted and picked them up. They were landed in Ireland.

## RULED GERMANS OUT.

Bolsheviks Would Not Allow Guard Troops in Moscow.

London, July 19.—Germany recently asked permission of the Russian government to send a battalion of German troops to Moscow to guard the German embassy. The bolshevik government, in reply, declared it would not permit any foreign troops to enter the capital.

"Thirty-Five Shots Fired at Paris." New York, July 19.—The first mention in German newspapers received here of the number of shots fired in the long range bombardment of Paris, within a specified period, is made in a special despatch from the western front, published in the Cologne Gazette of May 28, which, in a review of the day's activities, concludes with the statement that "thirty-five shots were fired at Paris."

## GERMAN TASK TREMENDOUS

Vienna Socialist Newspaper Amazed at American Organization

SAYS GERMANY FEARS AMERICA

And Is Bending Every Energy to Win Decision Now

The Hague, July 19.—In commenting on the growth of the American strength in France, the Socialist Arbeiter Zeitung of Vienna says there is no doubt more than a million American troops already have arrived in Europe. It declares this is a feat of organization as amazing as the creation of the British army. "American participation in the fighting," it adds, "increases the German task to one of gigantic magnitude. It is easily understandable that the German command is trying this year to reach a great decision before the full weight of the United States is felt."

## NO IRISH DRAFT BEFORE OCTOBER

And Then Only in Case of Conspicuous Failure to Obtain the Necessary Men by Enlistment.

Dublin, July 19 (correspondence of the Associated Press).—The agitation against conscription has relaxed in face of the proclamation calling for voluntary recruits, and no attempt to apply the draft is anticipated before October, and then only in the event of a conspicuous failure to obtain the necessary men by enlistment.

The suppression of illegal drilling proceeds daily and is greatly helped by the warning of the government that if it continues they will declare the counties affected "special military areas." The Irish people have been quick to realize that the extension of such areas would greatly facilitate the application of conscription, and advice is everywhere being given to the young men to avoid assembling in military formation. A curious feature of the prosecutions is the number of instances which reveal the fact that the accused have brothers or other relatives, sometimes two or three now serving in the army in France.

None of the Sinn Feiners arrested at Whitehead, imprisoned under the defense of the realm act, has so far taken advantage of the provision which enables them to appeal against their imprisonment. To some of those who protested against their continued incarceration without trial, it was pointed out that a trial in some leading instances might mean a charge carried penalty of death, and that the accused might be better satisfied if their friends, instead of interfering, left them to the slighter punishment of internment.

The immediate purpose of the government is to make a success of its recruiting campaign. The work is done by civilians drawn from all political parties, the most notable of whom is Sir Horace Plunkett. Local committees will be formed on this principle in every district. Pro-ally propaganda, hitherto totally neglected, will be undertaken and an attempt made by suitable literature to explain to the Irish people the real issue of the war. The Associated Press is informed by a high official here that it is the intention to "ing American troops to Ireland. The visit of the Canadians last year proved some stimulus to recruiting, and it is felt that the presence of American troops would bring vividly home to the Irish mind the part which America is taking in the war, and remove the too prevalent impression that this is an English war in which Ireland has no interest.

## INFLUENZA HIT BELFAST.

But Was Stopped Before It Reached Alarming Proportions.

Belfast, Ireland, July 19.—Belfast recently suffered from an epidemic of the acute form of influenza which was so prevalent in Spain a few weeks ago and afterward developed in other countries. The spread of the disease was checked here and did not assume alarming proportions.

## WHEN SLEEP DOES NOT REFRESH YOU

People who are tired out, who arise in the morning feeling that sleep has not refreshed them, are in a state of nervous exhaustion that borders on the condition that doctors call neurasthenia. The causes are varied. The symptoms are over-sensitiveness, irritability, a disposition to worry over trifles, headache, possibly nausea.

"My nervous system was weakened," said Mr. Charles Crowley of 84 Richard street, West Lynn, Mass., "my limbs were shaky and the muscles sore. At times it seemed my limbs would give out. The muscles of my shoulders were painful and sore. I had severe headaches. My rest seemed to do me no good and I was tired in the morning. There was a trembling sensation when I walked."

"I learned of Dr. Williams' Pink Pills through a newspaper and after finding the first box of pills helped me I took two more boxes. I am feeling good, the nervous twitches are gone and I sleep and eat well. The treatment in cases like this is one of nutrition of the nerve cells, requiring a non-alcoholic tonic. As the nerves get their nourishment from the blood the treatment must be directed toward building up the blood. Dr. Williams' Pink Pills act directly on the blood and with proper regulation of the diet have proved of the greatest benefit in many cases of neurasthenia.

Dr. Williams' Pink Pills are sold by druggists everywhere or will be sent by mail, postpaid, on receipt of price, 50 cents per box, six boxes \$2.50 by the Dr. Williams Medicine Co., Schenectady, N. Y. Write today for free book on the blood and nerves.

## LLOYD GEORGE TO ROOSEVELT.

Says Quentin Died Fighting Valiantly Against Great Odds.

London, July 19.—David Lloyd George, the British premier, yesterday telegraphed former President Roosevelt, expressing his sympathy over the death of Lieut. Quentin Roosevelt. The premier's message read:

"I am very sorry to hear the news of the death of your gallant son. He died fighting valiantly against great odds for a noble cause. Please convey my own and my wife's sympathy to Mrs. Roosevelt."

## Just About Now.

"Just about now" is the time I mean, When August dozes an' slips her head— Trees sort o' weary of stayin' green, An' switch their colors to red an' gold; Just on the line betwixt summer an' fall, When harvest comes an' the thrashers run—

Time when the fields go to rest, for all 'S if they're wear out with the work they've done.

"Just about now" when the only thing A man regrets is he wasn't built Winged, with feathers, 'd fly an' sing A song of praise like a whippoorwill, Fee-wee bird or a common crow— An' nuther one of 'em sings a lot! Yet they sing so 's 't the Lord 'll know They're doin' their best with the tools they've got!

"Just about now," when the dreams y' dream, The thought y' think an' the things y' see Lookin' back through the years, all seem Sweeter, lots than they used 't be; "Just about now," when your memories start An' lead y' back 'ards with willin' feet—

Time that mellers a feller's heart Like summer mellers a "punkin' sweet."

"Just about now" is the time I mean, But pin me down an'—well, I'll confess August, draped in her gold an' green Ain't nothin' 'entry for loveliness; Any time of the year is prime— December, May, an' the rest—I 'low Any time that y' sing a rhyme It fits the best to the theme of Now! —By John D. Wells in Woman's World for August.

## One Round Only.

DeWitt Chronicle.—Mr. and Mrs. Elmer Crabb entertained a lot of neighbors last evening, but were soon separated.—Boston Transcript.

## Mary's Airy Garb.

Buffalo News.—Mary Garden wore an air of indifference when she extended her hand to the interviewer.—Boston Transcript.

## ALLIES SEIZE MURMAN R. R.

And Are Preparing Southward to Assist Local Population

AMERICAN TROOPS ARE INCLUDED

And the Others Are British, French and Serbian Forces

Amsterdam, July 19.—Rear Admiral Kemp of the British navy has proclaimed the occupation of the northern section of the Murman railroad by British, American and Serbian forces, says Max Behrmann, the Stockholm correspondent of the British Vossische Zeitung, under date of July 18.

The admiral, he adds, also announced that the forces would advance southward "in accord with local Soviet authorities and at the request of the local population for help."

Behrmann says there are no Soviet authorities in the whole Murman territory.

The newspaper prints an Archangel message to the Izvestia of Moscow which mentions the arrival there of Italian and Serbian officers and men who, it declares, were disarmed and expelled by the local Soviets.

A zoologist named Schmidt, who has just returned to Petrograd from a trip to north Russian ports, according to the Norddeutsche Allgemeine Zeitung, said the British are busy making Kem a strongly fortified place and that the garrison is well supplied with food from England.

## 25,000 STUDENT NURSES.

Are Wanted for the United States Nurse Reserve.

The government is calling for 25,000 young women to join the United States student nurse reserve and hold themselves in readiness to train for service as nurses. The war is creating an unprecedented demand for trained nurses. Only those who have taken the full training course are eligible for service with our forces overseas. These nurses are being drawn largely from our hospitals at home. Their places must be filled by student nurses enrolled for the full training course of from two to three years. Every young woman who enrolls in the United States student nurse reserve is releasing a nurse for service at the front and swelling the home army which we must rely on to act as our second line of hospital defense. Upon the health of the American people will depend the spirit of their fighting forces.

Age—The call is for women between the ages of 19 and 35. Qualifications—Intelligent, responsible women of good education and sound health are wanted—the pick of the country. A college education is a valuable asset, and many hospitals will give credit for it. Credit will also be given for a special scientific equipment or for preliminary training in nursing, such as that given in special courses now being conducted by various colleges and schools. Some schools, on the other hand, do not even require a full high school education.

Enrollment—Women will be given an opportunity to enroll in the United States student nurse reserve in any one of three ways: (1) As engaging to hold themselves in readiness until April 1, 1919, to accept assignments to nurses' training schools. These women will be sent to the schools as fast as vacancies occur. Those of superior qualifications will be given preference, and it is, of course, possible that not everyone who enrolls will be accepted.

(2) As desiring to become candidates for the army nursing school recently established by authority of the war department, with branch schools in selected military hospitals.

(3) As engaging to hold themselves in readiness until April 1, 1919, to accept assignments to either a civilian training school or the army nursing school. Those who so enroll will be called where the first need arises. The government hopes that a majority of those who enroll will thus put down their names for both.

## The Nurses' Training Schools.

There are 1,579 nurses' training schools in this country. Their need is as great and imperative as that of the army school of nursing. Those who enroll for these schools will be assigned as vacancies occur.

The enrollment card will indicate two classes of registrants—preferred and deferred. The preferred class will be those who are ready to accept assignment to whatever hospital the government directs them, although they may state what training school they prefer to be sent to. Those who register in the preferred class will be assigned first, and all possible consideration will be given to their preference as stated. The deferred class is composed of those who limit their pledge of service—that is, who will not engage to go except to certain hospitals. This class is intended largely for those who, for family reasons, cannot accept training at a distance from their homes. Those who register in the deferred class will be assigned only after the preferred class is exhausted.

The government relies on the patriotism of those who enroll to fill out preferred cards if they possibly can, thus volunteering to go where they are most needed.

Nobody will be assigned to any schools whose condition of training are not approved by the state board of nurse examiners.

Terms of training—The term of training varies from two to three years, according to the requirement of the particular school to which the student nurse may be sent. No course takes less than two years nor more than three.

What the training course prepares for—At present every woman who completes satisfactorily her training in any accredited school is eligible for service as an army nurse at the front and stands a chance of being assigned to duty abroad. At the same time she will be qualified to earn her living in one of the noblest professions open to women. It should be remembered, furthermore, that her usefulness will begin not when she graduates from the training school but as soon as she enters it. Practical nursing work is a part of the work of every training school, and the student nurse is not only learning to serve but serving her country from the outset.

Finances—The student nurse gets her board, lodging and tuition free at practically every training school, and in most cases receives a small remuneration to cover the cost of books and uniforms. After graduation she has an earning capacity of from \$100 to \$300 a month. Private-duty nurses now receive an average of from \$100 to \$120 a month together with board while on duty; institution nurses from \$50 to \$250 a month, together with board, lodging and laundry; and public health nurses from \$100 to \$250 a month without maintenance.

There is no danger of the earning capacity of nurses being lowered after the war ends on account of the great number who will then be qualified for the profession; the country will need all the nurses that can be trained, not only during the war but after it, especially for reconstruction work. Even if the war ends within three years, every student nurse will be able to complete her training and will be needed.

An honorable service—Ever since the days of Florence Nightingale the nursing profession has been one of especial honor. It was never so honorable as it is today. The army needs every nurse it can get to "keep up with the draft." The United States student nurse reserve is the equivalent for women of the great national army training camps for soldiers. The government will rely upon the student nurses to fight disease at home, to care for those injured and disabled in our hazardous war industries, and to make themselves ready to serve when the time comes as fully trained nurses, either abroad or at home. Let us show that we know how to answer the government's call to the women of the country.

Enroll at the nearest recruiting station established by the woman's committee of the council of national defense. Issued by the woman's committee, council of national defense, Washington, D. C.



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## Middle Aged Women

Are Here Told the Best Remedy for Their Troubles.

Freemont, O.—"I was passing through the critical period of life, being forty-six years of age and had all the symptoms incident to that change—heat flashes, nervousness, and was in a general run down condition, so it was hard for me to do my work. Lydia E. Pinkham's Vegetable Compound was recommended to me as the best remedy for my troubles, which it surely proved to be. I feel better and stronger in every way since taking it, and the annoying symptoms have disappeared."—Mrs. M. GORDEN, 925 Napoleon St., Fremont, Ohio.

North Haven, Conn.—"Lydia E. Pinkham's Vegetable Compound restored my health after everything else had failed when passing through change of life. There is nothing like it to overcome the trying symptoms."—Mrs. FLORENCE ISABELLA, Box 197, North Haven, Conn.

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